

ARKANSAS ULTRA RUNNER
ASSOCIATION

WWW.RUNARKANSAS.COM



UPCOMING
RACES & EVENTS



Three Days Of
Syllamo



UTS
Standings

AURA NEWS



Letter From the President

First I wish to thank Lisa Gunnoe, PoDog and their volunteers for putting on the White Rock Classic 50K. It was a great race with 114 participants.

Next I wish to thank Dustin and Rachel Speer and all their volunteers for the LOVIT 100. Unfortunately bad weather forced the race to be cancelled. That was a real shame because a lot of work went into preparation for it.

Next I wish to thank Mark Denherder, his family, and volunteers for putting on the Styx n' Stones race. We had nice weather, maybe a little on the warm side for some folks, but we were able to run the full course because the creeks were low. I think the last 2 years they had to shorten the course due to high water in the creeks. We had 66 finishers.

A big thanks goes out to all the folks that recently cleared the OT50 course. Lisa Mullis organized it and brought food. In spite of the weather we had a good turnout from both the AURA and CATA folks. I really appreciate all the help we get from people volunteering in putting these races on. We couldn't do it without you.

That's about all I have. Looking forward to seeing everyone at the OT50.

Ouachita Trail 50

Race #14 of AUARA UTS

Saturday, April 21

6am at Maumelle Park, Pavilion #8

Packets:

Race packets may be picked up at Pavilion 8 from 4-7pm Friday or 5-5:45am on Race Morning

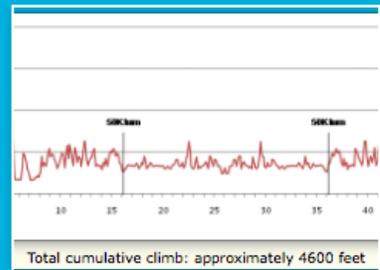
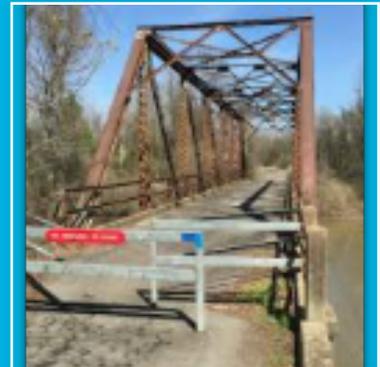
Course: Beginning with a two mile section of road connecting Maumelle Park to Pinnacle Mountain State Park and the Ouachita Trail trailhead, the course features a picturesque climb over and around Pinnacle Mountain followed by an out-and-back along the shore of Lake Maumelle on the Ouachita National Recreation Trail. Most of the Ouachita Trail is a scenic, rocky, single-track foot path. The trail is permanently marked with blue blazes. Turns are marked with two blue blazes. Additional markers (blue and white striped ribbon) will also mark the course. The Pinnacle Mountain trails and loop are utilized on the "out" portion only. 50K participants will be diverted off of the OT around the 16 mile point and will follow a different approach to the Northshore Aid Station. The course involves several highway crossings, and there will likely be no traffic control. Please be responsible and be careful! NOTE: If conditions are wet, the course may be rerouted to avoid the top of Pinnacle Mountain. This is due to safety concerns and is mandated by the state park.

Aid: Eleven staffed aid stations for 50 mi; seven for 50k. (see mileage/aid chart online) Carrying at least one fluid bottle is HIGHLY advised.

Cut-off Times: There is a 13 hour time limit for both races. Runners registered for the 50 Mile have the option to change to the 50k during the race. To continue the 50 Mile race, a runner must exit the Northshore aid station by 10:15am (outbound) and 3:30pm (returning) and the Turnaround by 12:50pm.

Race Website: http://www.runarkansas.com/OT50/OT50Gen_Info.htm

OT 50 Trail Race



Race Director:

Chrissy Ferguson

Email:

OT50@RunArkansas.com

Phone:

501-803-9411

Mount Magazine Trail Run

Race #15 of AUARA UTS

Saturday, May 12th

8am @Mount Magazine State Park, Paris, AR

Come join us for the Mount Magazine Fun Run. We'll start just north of the visitor center (see map online), and hit almost every trail in the park, along with a portion of the Cove Lake Trail. The run will be approximately 18 miles, with a trip to the base of the mountain, via the Cove Lake Trail, and back to the top.

Parking is limited. **PLEASE** carpool where possible!

This is a fun run and there are no entry fees but please register so we know how many to prepare for. Contact [PT](#) if you have any questions. Food will be provided after the run. **There will be a donation can to help cover expenses.**

Directions:

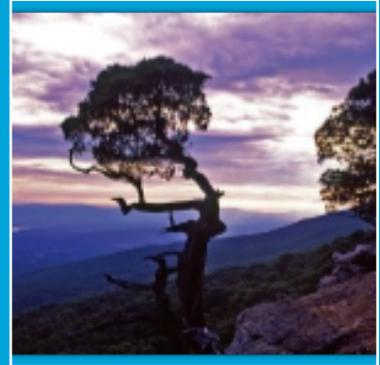
Mount Magazine State Park is located on Scenic Highway 309 approximately 17 miles south of Paris; or from Danville, travel nine miles west on Highway 10 to Havana, then go 10 miles north on Scenic Highway 309. Please arrive early enough to check in at Greenfield Pavilion - across the highway from the visitor center.

Many thanks to Mt Magazine State Park, and the Forest Service (Mt Magazine RD) for helping to make this possible.

For lodging and camping information at Magazine go to <http://www.mountmagazinestatepark.com/>

Race Website/Registration: <http://www.runarkansas.com/MtMagazine.htm>

Mount Magazine Trail Run 18+/-



Race Director
Paul Turner

Email
runninpt@gmail.com

Cat Smacker

Race #1 of AUARA UTS

Saturday, May 19th

7am at Camp Ouachita

Features:

Distance- 22 miles

Terrain- plenty of hills

Surface- forest roads/single track/double track

Also there will be a 12 mile Kitty Tickler option

Course Description

The roads/trails used, in order, for The Catsmacker course:

- FSR 152 (from Start at Camp Ouachita) turning Right on FSR 132
- FSR 132 staying straight on FSR 94
- FSR 94 turning right on FSR 805
- FSR 805 turning right on HWY 324
- HWY 324 to finish at Camp Ouachita
- The Kitty Run course is the same as above with one deviation that is seen on the map. Approximately 3.5 miles into the course the Kitty run incorporates the Ouachita Trail for 1.5 miles and then turns back right onto FR 805.

Course marking will consist of signs, flagging with colored ribbon, and flour to mark directional information. In general, the focus is on marking turns and intersections. "Confidence" markings will be relatively rare. We recommend that participants print off maps if they are unsure of the course.

Queens and Kings of the Trail!

The 2017-2018 Ultra Trail Series awards ceremony will be held after the run. This is a NO-POINTS UTS run. It is the season-closer and basically a celebration of the end of another amazing year in Arkansas ultrarunning. A chance to close out the year with your closest friends.

Race Website:<http://www.runarkansas.com/Catsmacker.htm>

Registration:<https://www.runrace.net/findarace.php?>

Cat Smacker & Kitty Tickler Fun Run



Race Director
Chris Baldwin

Email
ccbaldwin73@hotmail.com

Three Days of Syllamo

by Ashley O'Neill

March 16-18 2018, Blanchard Campground

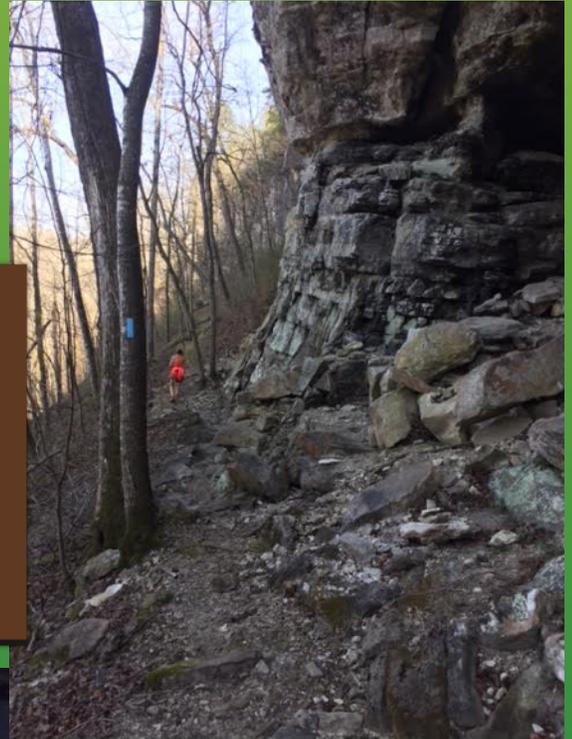
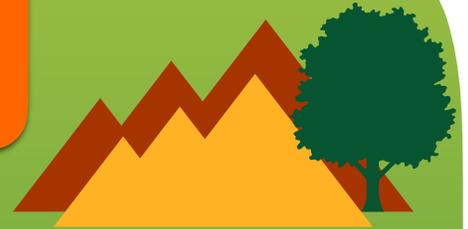


Signing up for 3 Days of Syllamo had been on my mind for a while, but the idea of it was daunting. I had no idea how to train for a stage race. Would back-to-back long runs be enough? How much training would be too much? Too little? Could I hike a fair amount of it and still make the cutoffs? While I was familiar with parts of the Sylamore and Ozark Highland trails, there would be big sections of trail I had never been on before, which excited me. I had my good friend Chris Bettis with me Friday a.m. for the 50k. We started out surrounded by smoke from the controlled burn happening that week. Luckily, after a few miles, we were out of that and had clean air to breathe. I kept to the back-of-the-pack because I knew we had lots of miles to cover over the next 3 days. Plus, I am slow! The trail was marked well, though this didn't stop me from missing a turn on the way back. Luckily I didn't have to backtrack but a few minutes to get back on the trail. All-in-all, Friday was fun and "totally manageable" in terms of elevation, etc.

Saturday a.m. came fast and early; it was also heating up quickly. Chris and I were anxious about this day because of the 14-hour cutoff and the impending elevation gain, since the 50k had been not so bad. The first part of the trail was familiar to me from Sylamore 50k runs. However, if anyone has ever thought, "I wonder what the trail is like after Barkshed AS?" I can fill you in. Hills. Rocks. Hills. Also, hills. This day was filled with *chasing cutoffs* at pretty much every aid station. It was also hotter than I expected so that made it hard to keep eating and drinking. Thanks to Faye McConnell for helping me just barely make the last aid station cutoff after the turnaround (by the way, NO ONE asked me about what the secret word was, which I would have been glad to YELL, with expletives, after coming up that hill)! And to Billy Simpson and others who encouraged us to keep going and not stop! All of the AS volunteers were wonderful. The camber of the trail was not great and did no favors for my feet and IT bands, but I really wanted to try to finish under cutoff, and I just barely made it in 13:54 and change. I nearly cried coming in to that finish line.

Sunday a.m. came and I wavered on whether or not to start; my right foot was feeling it from the slanted trail the day before. I opted to go on and do those last 14. I'm glad I did because I think the views were some of the best of the 3 days. This was definitely my hardest race to date! DFL for the stage, but I finished! During the 50 miler, I thought, "one and done, don't need to do another stage race," and Sunday afternoon, I thought, "well, maybe I'd do it again."

Three Days Of Syllamo



Day One 50k
Day Two 50 Mile
Day Three 20k

UTS STANDINGS

WOMEN

| Rank | Name | FM | NEB | AT | HSNP | SWE | 6hr SUN | 12hr SUN | 24hr SUN | LOV | ABF | SWM | WR | 100k LOV | S&S | RCM | 50k OT | 50m OT | MAG | Total |
|------|------------------|----|-----|-----|------|-----|---------|----------|----------|-----|-----|-----|----|----------|-----|-----|--------|--------|-----|--------|
| 1 | Elizabeth Kimble | 38 | | 106 | 37 | | | | 41.11 | 48 | 59 | | 27 | | 55 | 54 | | | | 465.11 |
| 2 | Kimmy Riley | 32 | 52 | | 31 | | 43.5 | | | 37 | 31 | 51 | 36 | | 44 | | | | | 357.5 |
| 3 | Tina Mitchell | | 63 | | 48 | | | 36.71 | | 31 | 16 | | 27 | | | 43 | | | | 264.71 |
| 4 | Chrissy Ferguson | | 41 | 52 | 22 | | 43.5 | | | | | | 18 | | 33 | 32 | | | | 241.5 |
| 5 | Missy Ezel | 14 | 29 | 43 | | | | 47.37 | | 13 | 6 | | 10 | | 24 | 26 | | | | 212.37 |

MEN

| Rank | Name | FM | NEB | AT | HSNP | SWE | 6hr SUN | 12hr SUN | 24hr SUN | LOV | ABF | SWM | WR | 100k LOV | S&S | RCM | 50k OT | 50m OT | MAG | Total |
|------|---------------|----|-----|-----|------|-----|---------|----------|----------|-----|-----|-----|----|----------|-----|-----|--------|--------|-----|--------|
| 1 | Daniel Arnold | 70 | 17 | 111 | 67 | 51 | 40.87 | | | 52 | 57 | 55 | 53 | | 58 | 34 | | | | 665.87 |
| 2 | Shane Poland | 36 | 76 | | | 62 | | 60.28 | | 63 | 68 | 44 | 36 | | | 62 | | | | 507.28 |
| 3 | Stan Ferguson | 42 | 36 | 95 | 33 | 28 | 50.09 | | | 35 | 46 | | 42 | | 47 | 40 | | | | 494.09 |
| 4 | Justin Cloar | 8 | 10 | 48 | 8 | 12 | | 53.83 | | 7 | 9 | 27 | 8 | | 24 | 16 | | | | 230.83 |
| 5 | John Haddock | 24 | 26 | 81 | 39 | 34 | | | | | 20 | | | | | | | | | 224 |

MASTER FEMALE

| Rank | Name | FM | NEB | AT | HSNP | SWE | 6hr SUN | 12hr SUN | 24hr SUN | LOV | ABF | SWM | WR | 100k LOV | S&S | RCM | 50k OT | 50m OT | MAG | Total |
|------|------------------|----|-----|----|------|-----|---------|----------|----------|-----|-----|-----|----|----------|-----|-----|--------|--------|-----|--------|
| 1 | Kimmy Riley | 34 | 50 | | 34 | | 45.68 | | | 46 | 35 | 51 | 35 | | 53 | | | | | 383.68 |
| 2 | Tina Mitchell | | 61 | | 45 | | | 38.55 | | 35 | 26 | | 29 | | | 53 | | | | 287.55 |
| 3 | Chrissy Ferguson | | 39 | 62 | 28 | | 45.68 | | | | | | 23 | | 42 | 42 | | | | 281.68 |
| 4 | Missy Ezel | 28 | 27 | 51 | | | | 49.73 | | 17 | 11 | | 14 | | 31 | 31 | | | | 259.73 |
| 5 | Shelley Sparks | 45 | | 89 | | | | | | 57 | 26 | | | | | | | | | 217 |

MASTER MALE

| Rank | Name | FM | NEB | AT | HSNP | SWE | 6hr SUN | 12hr SUN | 24hr SUN | LOV | ABF | SWM | WR | 100k LOV | S&S | RCM | 50k OT | 50m OT | MAG | Total |
|------|---------------|----|-----|-----|------|-----|---------|----------|----------|-----|-----|-----|----|----------|-----|-----|--------|--------|-----|--------|
| 1 | Stan Ferguson | 61 | 48 | 108 | 40 | 47 | 52.6 | | | 48 | 64 | | 50 | | 56 | 58 | | | | 632.6 |
| 2 | Justin Cloar | 11 | 9 | 54 | 16 | 24 | | 56.52 | | 19 | 14 | 42 | 11 | | 34 | 30 | | | | 320.52 |
| 3 | John Haddock | 50 | 36 | 92 | 51 | 58 | | | | | 33 | | | | | | | | | 320 |
| 4 | Podog Vogler | | 30 | | | 36 | 47.06 | | | | 21 | | 33 | | 45 | 36 | | | | 248.06 |
| 5 | Jim Tadel | 15 | 7 | 45 | 6 | | 27.68 | | | | 33 | 53 | 15 | | 22 | 24 | | | | 247.68 |

GRAND MASTER FEMALE

| Rank | Name | FM | NEB | AT | HSNP | SWE | 6hr SUN | 12hr SUN | 24hr SUN | LOV | ABF | SWM | WR | 100k LOV | S&S | RCM | 50k OT | 50m OT | MAG | Total |
|------|------------------|----|-----|-----|------|-----|---------|----------|----------|-----|-----|-----|----|----------|-----|-----|--------|--------|-----|--------|
| 1 | Kimmy Riley | 43 | 57 | | 54 | | 50.02 | | | 51 | 41 | 51 | 43 | | 52 | | | | | 442.02 |
| 2 | Chrissy Ferguson | | 46 | 101 | 43 | | 50.02 | | | | | | 32 | | 41 | 51 | | | | 364.02 |
| 3 | Lisa Gunnoe | 26 | 29 | | 26 | 41 | | | 53.58 | | | | | | | | | | | 175.58 |
| 4 | C. McAdam Marx | 54 | | | | | | | | | 52 | | 54 | | | | | | | 160 |
| 5 | Melissa Martin | 32 | 35 | | | | 43.35 | | | | | | 26 | | | | | | | 136.35 |

GRANDMASTER MALE

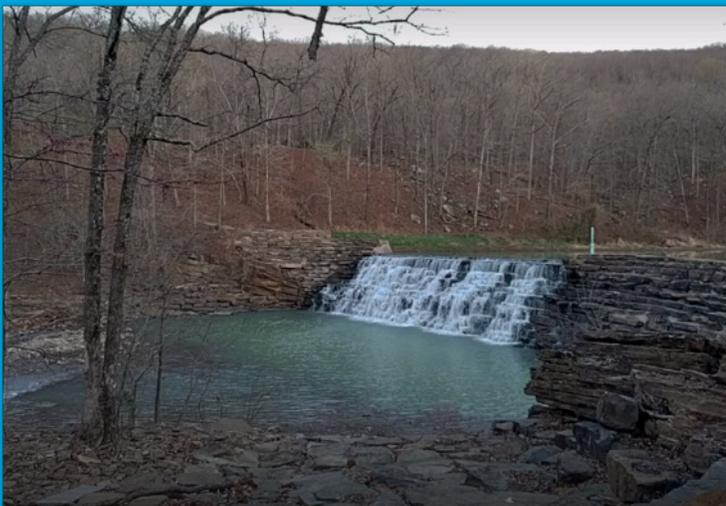
| Rank | Name | FM | NEB | AT | HSNP | SWE | 6hr SUN | 12hr SUN | 24hr SUN | LOV | ABF | SWM | WR | 100k LOV | S&S | RCM | 50k OT | 50m OT | MAG | Total |
|------|----------------|----|-----|-----|------|-----|---------|----------|----------|-----|-----|-----|----|----------|-----|-----|--------|--------|-----|--------|
| 1 | Stan Ferguson | 57 | 52 | 106 | 47 | 43 | 57.6 | | | 55 | 60 | | 46 | | 55 | 56 | | | | 634.6 |
| 2 | John Haddock | 46 | 41 | 90 | 58 | 54 | | | | | 29 | | | | | | | | | 318 |
| 3 | Jim Tadel | 23 | 10 | 63 | 18 | | 30.32 | | | | 29 | 52 | 23 | | 27 | 34 | | | | 309.32 |
| 4 | Alan Hunnicutt | 29 | 23 | | 30 | 26 | 47 | | | | 4 | 41 | 17 | | 33 | 22 | | | | 272 |
| 5 | Podog Vogler | | 35 | | | 32 | 51.54 | | | | 17 | | 35 | | 44 | 45 | | | | 259.54 |

SENIOR WOMEN: Thaveep Leach 90 points & Dottie Rea 41 points
SENIOR MEN: Jim Tadel 514.27 pts, Alan Hunnicutt 460.13pts, Cliff Ferren 269.28pts

Styx N Stones 2018



ENTERING
OZARK NATIONAL FOREST
65,000 ACRES OF
MARKED & UNMARKED
MULTIUSE TRAILS
•HIKERS AND BIKERS ARE REQUIRED
TO REGISTER AT VISITOR CENTER
•HUNTING IS ALLOWED
•DO NOT PROCEED WITHOUT A MAP
OR YOU WILL GET LOST





Come join us at Pinot's Palette for
the Paint Run, Walk, Hike Event
on Saturday, April 28th from
3pm-5pm at 11610 Pleasant Ridge
Rd, Suite 101, Little Rock, AR

[Click Here to Register for the Event](#)

*Space Is Limited



White Rock 50k Results

| Place | Name▼ | City▼ | Sex▼ | Age▼ | Time |
|-------|----------------------|-------------------|------|------|---------|
| 1 | Jeremy Provence | Clarksville | M | 27 | 3:46:20 |
| 2 | Kevin Golden | Maumelle | M | 51 | 4:25:11 |
| 3 | Daniel Arnold | Benton | M | 32 | 4:27:19 |
| 4 | Stan Ferguson | Maumelle | M | 54 | 4:28:47 |
| 5 | Shane Poland | Vilonia | M | 33 | 4:39 |
| 6 | Jedd Kirby | Poteau, OK | M | 34 | 4:46 |
| 7 | Samuel Young | Poteau, OK | M | 26 | 4:52 |
| 8 | Will Landreth | Fayetteville | M | 32 | 4:53:39 |
| 9 | Matt Clay | Fayetteville | M | 39 | 4:56:17 |
| 10 | Rob Green | Norman, OK | M | 38 | 5:09:03 |
| 11 | Ben Creehan | Springfield, MO | M | 42 | 5:19 |
| 12 | Jason Armitage | Hot Springs | M | 45 | 5:24 |
| 13 | James Fountain | Jessieville | M | 44 | 5:26 |
| | Katie Helms | Little Rock | F | 40 | 5:26 |
| 15 | Podog Vogler | Russellville | M | 51 | 5:27 |
| 16 | Daniel Moses | Tulsa, OK | M | 22 | 5:30 |
| 17 | Tanner Freeman | Fayetteville | M | 28 | 5:33 |
| 18 | Nicole Fleming | Springfield, MO | F | 44 | 5:38 |
| 19 | Carrie McAdam-Marx | Little Rock | F | 52 | 5:39 |
| 20 | Bill Coffelt | Bentonville | M | 58 | 5:42 |
| 21 | Lindsey Berg | Greenwood | F | 34 | 5:47 |
| 22 | Tonya Weaver | Fayetteville | F | 50 | 5:48 |
| 23 | Andre Youngblood | Wichita | M | 22 | 5:48:45 |
| 24 | Brett Nguyen | Fort Smith | M | 49 | 5:51 |
| 25 | Prae Combs | Bryant | F | 47 | 5:52:06 |
| 26 | George Haney | Poteau, OK | M | 48 | 5:54 |
| 27 | Kristin Snyder | Poteau, OK | F | 34 | 5:57:59 |
| 28 | Stacey Shaver Matson | N. Little Rock | F | 45 | 5:58 |
| 29 | Kelsey Walker | Russellville | F | 32 | 5:58:30 |
| | Blu Cloud | Vian, OK | M | 37 | 5:58:30 |
| 31 | Tabatha Park | Royal | F | 49 | 6:00:20 |
| 32 | Gabi Stewart | Fayetteville | F | 38 | 6:05:28 |
| 33 | Jacob Stanosheck | The Woodlands, TX | M | 22 | 6:06 |
| 34 | Eric Hostetler | Clarksville | M | 16 | 6:09 |
| | Scott Irwin | Memphis, TN | M | 53 | 6:09 |
| 36 | Steve Adkison | Arkadelphia | M | 55 | 6:09:04 |
| 37 | Kurt Hauser | Hot Springs | M | 53 | 6:10 |
| | Jim Tadel | Monticello | M | 61 | 6:10 |
| 39 | Justin Clear | Little Rock | M | 46 | 6:18 |
| | P T | Conway | M | 54 | 6:18 |
| 41 | George Peterka | Hot Springs | M | 58 | 6:19 |
| 42 | Mike McMillan | N. Little Rock | M | 60 | 6:22:10 |
| 43 | Amanda Perron | Baton Rouge, LA | F | 44 | 6:24 |
| 44 | Michael Straley | Shell Knob, MO | M | 39 | 6:29:29 |
| 45 | Isaac Barnoskie | Vian, OK | M | 35 | 6:30 |
| 46 | Don Edge | Ozark | M | 47 | 6:32:30 |
| 47 | Brian Cochran | Farmington | M | 47 | 6:39 |
| 48 | Alan Hunicutt | Berryville | M | 63 | 6:39:10 |
| 49 | Mark Zarembo | Killen, AL | M | 56 | 6:41 |
| 50 | Kimmy Riley | Mabelvale | F | 56 | 6:44 |
| 51 | Tina Mitchell | N. Little Rock | F | 44 | 6:46 |
| | Elizabeth Kimble | Little Rock | F | 32 | 6:46 |
| 53 | David Castronova | Bentonville | M | 54 | 6:50 |
| | Sally Scott Young | Memphis, TN | F | 45 | 6:50 |
| 55 | Joshua Scherrey | Fort Smith | M | 44 | 6:50:13 |
| 56 | Gary Shaw | Half Way, MO | M | 33 | 6:52 |
| 57 | Jeff Williams | Nixa, MO | M | 51 | 6:53:31 |
| 58 | Caleb Chesnut | Fayetteville | M | 20 | 6:55 |
| | Alissa Andi | Fayetteville | F | 22 | 6:55 |
| | Chrissy Ferguson | Maumelle | F | 57 | 6:55 |
| 61 | Corbett Sanders | Hot Springs | M | 46 | 6:56 |
| | Jordan Ziegler | Springdale | F | 39 | 6:56 |
| 63 | Robert Misener | Benton | M | 47 | 6:57 |
| 64 | Robert Jones | Tyler, TX | M | 33 | 7:00 |
| 65 | Diane Diebold | Branson, MO | F | 54 | 7:04 |
| | Heather Diebold | Fayetteville | F | 31 | 7:04 |
| 67 | Chris Baldwin | Roland | M | 44 | 7:12 |
| | Ronnie Daniel | Little Rock | M | 47 | 7:12 |
| 69 | Ensup Kim | Dallas, TX | M | 64 | 7:14 |
| 70 | Lionel Burnett | Fort Smith | M | 57 | 7:15 |

White Rock

50k Continued

| | | | | | |
|----|----------------|----------------|---|----|---------|
| 71 | Stephen Rush | Jonesboro | M | 36 | 7:21 |
| 72 | Ben Walters | Rock City | M | 38 | 7:27 |
| 73 | Melissa Martin | N. Little Rock | F | 53 | 7:40:09 |
| | Missy Harken | Little Rock | F | 45 | 7:40:09 |
| 75 | Mary Mote | Hot Springs | F | 21 | 7:54 |
| 76 | Mary McDonald | Conway | F | 65 | 8:43 |
| 77 | Corey Key | Little Rock | M | 26 | |

25k Results

25K Run (out & back)

| Place | Name▼ | City▼ | Sex▼ | Age▼ | Time |
|-------|-------------------|----------------|------|------|---------|
| 1 | Michael Farrell | Fort Smith | M | 55 | 2:10:54 |
| 2 | John Hughes | Fayetteville | M | 50 | 2:12:15 |
| 3 | Charles Konzelman | Fort Smith | M | 56 | 2:13:39 |
| 4 | Jenny Chitwood | Wister, OK | F | 39 | 2:16 |
| 5 | Mark Roth | N. Little Rock | M | 55 | 3:35 |
| 6 | Gracyln Young | OK | F | 17 | 3:47 |
| | Kandace Young | Poteau, OK | F | 20 | 3:47 |
| 8 | Debbie Rigsby | Lonsdale | F | 62 | 3:48:07 |
| 9 | Shari Misener | Benton | F | 47 | 3:48:12 |
| 10 | Brianne Norton | Pearcy | F | 37 | 3:48:39 |
| 11 | Sherry Hall | Conway | F | 53 | 3:53:28 |
| 12 | Jackie Stone | Conway | F | 46 | 3:53:33 |
| 13 | Thaveep Leach | Oppelo | F | 63 | 4:20 |

Other Distances

Other Distances

| Place | Name▼ | City▼ | Sex▼ | Age▼ | Time | Distance |
|-------|----------------------|----------------|------|------|---------|-------------------|
| 1 | Tiffany Hoover | Fayetteville | F | 33 | 2:26 | 25K finish on top |
| 2 | Mavie Hogue | Fayetteville | F | 52 | 2:53 | 25K finish on top |
| | Chase Skelton | Fayetteville | M | 25 | 2:53 | 25K finish on top |
| 4 | Mary Stone | Springdale | F | 54 | 3:41:51 | 25K finish on top |
| 5 | Megan James | Fayetteville | F | 32 | 3:45 | 25K finish on top |
| 6 | Deanna Duplanti | Springdale | F | 58 | 4:25:35 | 25K finish on top |
| 7 | Dan Belanger | Little Rock | M | 74 | 5:05 | 25K finish on top |
| 8 | Brad Beetch | Farmington | M | 46 | 9:59 | 25K finish on top |
| 9 | Gregory Hogue | Fayetteville | M | 55 | | 25K finish on top |
| | Carlos Mendez | Fayetteville | M | 24 | | 25K finish on top |
| | Annemarie Prestipino | Dallas, TX | F | 25 | | 25K finish on top |
| | Jessica Ramirez | Fayetteville | F | 30 | | 25K finish on top |
| | Brian Rickard | Springdale | M | 35 | | 25K finish on top |
| | Lauren Ross | Fayetteville | F | 26 | | 25K finish on top |
| | Meredith Thomas | Fayetteville | F | 35 | | 25K finish on top |
| | Daniel Waits | Fayetteville | M | 26 | | 25K finish on top |
| | Matt Meyers | | M | | | 25K finish on top |
| | John Dylan Morton | | M | | | 25K finish on top |
| | Mandy Bradstreet | | F | | | 25K finish on top |
| | Jake Van Lear | Springdale | M | 40 | | 21.3 Miles |
| 21 | Canby Frazier | Memphis, TN | F | 44 | 5:55 | 21 Miles |
| 22 | Jimmy Sweatt | N. Little Rock | M | 62 | 4:30 | 20 Miles |
| 23 | Jeanna White | Marshall, TX | F | 49 | 3:21:19 | 14 Miles |

Styx N Stones Results

30k Finishers

| Place | Name▼ | City▼ | Sex▼ | Age▼ | Time |
|-------|-------------------|----------------|------|------|------|
| 1 | Daniel Arnold | Benton | M | 32 | 2:54 |
| 2 | Stan Ferguson | Maumelle | M | 54 | 3:10 |
| 3 | Jon Bitler | Fayetteville | M | 46 | 3:12 |
| 4 | Aaron Dickens | Van Buren | M | 36 | 3:15 |
| 5 | Will Landreth | Fayetteville | M | 32 | 3:19 |
| 6 | Charles Konzelman | Fort Smith | M | 56 | 3:24 |
| | Erich Washausen | Fayetteville | M | 28 | 3:24 |
| 8 | Shawn Sellers | Benton | M | 32 | 3:32 |
| 9 | Douglass Johnson | Fayetteville | M | 44 | 3:32 |
| 10 | Michael Farrell | Fort Smith | M | 55 | 3:35 |
| 11 | Podog Vogler | Russellville | M | 51 | 3:39 |
| 12 | Derrick Hendrix | Little Rock | M | 44 | 3:45 |
| 13 | Blake Miley | Brinkley | M | 30 | 3:53 |
| 14 | Billy Simpson | Roland | M | 63 | 3:55 |
| 15 | Alison Jumper | Fayetteville | F | 42 | 3:58 |
| 16 | Davis Bortis | Tulsa, OK | M | 31 | 4:03 |
| 17 | Natalie McBee | Fayetteville | F | 44 | 4:05 |
| 18 | Jeff McCollough | Van Buren | M | 54 | 4:09 |
| | Chris Wear | Fort Smith | M | 40 | 4:09 |
| 21 | Daniel Sweeney | Lowell | M | 37 | 4:10 |
| 22 | Joshua Gibbs | Fayetteville | M | 39 | 4:11 |
| 23 | Jason Howard | Liberty, OK | M | 33 | 4:12 |
| 24 | Amanda Lynch | Tulsa, OK | F | 37 | 4:13 |
| 25 | Robert Misener | Benton | M | 47 | 4:17 |
| 26 | Cassie Brown | Fayetteville | F | 34 | 4:22 |
| | Lauren Sewell | Siloam Springs | F | 25 | 4:22 |
| 28 | Max Washausen | Prairie Grove | M | 33 | 4:24 |
| 29 | Elizabeth Kimble | Little Rock | F | 32 | 4:25 |
| 30 | Justin Cloar | Little Rock | M | 46 | 4:33 |
| 31 | Alan Hunnicutt | Berryville | M | 64 | 4:36 |
| 32 | Jim Tadel | Monticello | M | 61 | 4:36 |
| 33 | Kimmy Riley | Mabelvale | F | 57 | 4:46 |
| 34 | Lionel Burnett | Fort Smith | M | 57 | 4:57 |
| 35 | Chrissy Ferguson | Maumelle | F | 57 | 5:14 |
| 36 | Missy Harken | Little Rock | F | 45 | 5:17 |
| | Angie Stewart | Fayetteville | F | 37 | 5:17 |
| 38 | Shari Misener | Benton | F | 47 | 5:39 |
| 39 | Debbie Rigsby | Lonsdale | F | 61 | 5:40 |
| 40 | William Horn | Meridian, MS | M | 25 | 5:42 |
| 41 | Joshua Scherrey | Fort Smith | M | 45 | |

15k Finishers

| Place | Name▼ | City▼ | Sex▼ | Age▼ | Time |
|-------|-------------------|--------------|------|------|------|
| 1 | Randy Soeung | Springdale | M | 37 | 1:33 |
| 2 | Tiffany Hoover | Fayetteville | F | 33 | 1:34 |
| 3 | Brett Nguyen | Fort Smith | M | 49 | 1:49 |
| 4 | Mario Duran | Springdale | M | 35 | 1:53 |
| 5 | Noel Sagullo | Mulberry | M | 51 | 1:55 |
| 6 | Brett Howard | Muldrow, OK | M | 22 | 1:56 |
| 7 | Robert Williamson | Jonesboro | M | 51 | 2:00 |
| 8 | Erin Truitt | Bella Vista | F | 35 | 2:02 |
| 9 | Jeff Wiemer | Springdale | M | 32 | 2:04 |
| 10 | Curtis Ralston | Fort Smith | M | 46 | 2:06 |
| 11 | George Peterka | Hot Springs | M | 58 | 2:10 |
| 12 | Charlie Sellers | Malvern | M | 59 | 2:12 |
| 13 | David Hatey | Bright Star | M | 26 | 2:13 |
| 14 | William Miley | Doddridge | M | 27 | 2:14 |
| 15 | Jennifer Barnes | Russellville | F | 36 | 2:22 |
| 16 | Tracey Heath | Goodman, MO | F | 50 | 2:39 |
| 17 | David Caillouet | Little Rock | M | 59 | 2:46 |
| 18 | Clinton Green | Tulsa, OK | M | 42 | 2:48 |
| 19 | David Herrera | | M | | 2:49 |
| 20 | Brianne Norton | Pearcy | F | 38 | 2:50 |
| 21 | Dan Belanger | Little Rock | M | 74 | 3:20 |
| 22 | Dana Duboise | Hackett | F | 44 | 5:20 |
| 23 | Holley Crouse | | F | | |

Other Distances

| Other | | | | | | |
|-------|-------------|----------|------|------|---------|-------------|
| Place | Name▼ | City▼ | Sex▼ | Age▼ | Time | Distance |
| 1 | Lisa Gunnoe | Judsonia | F | 51 | 6:54:41 | 21.53 Miles |

From The Editor

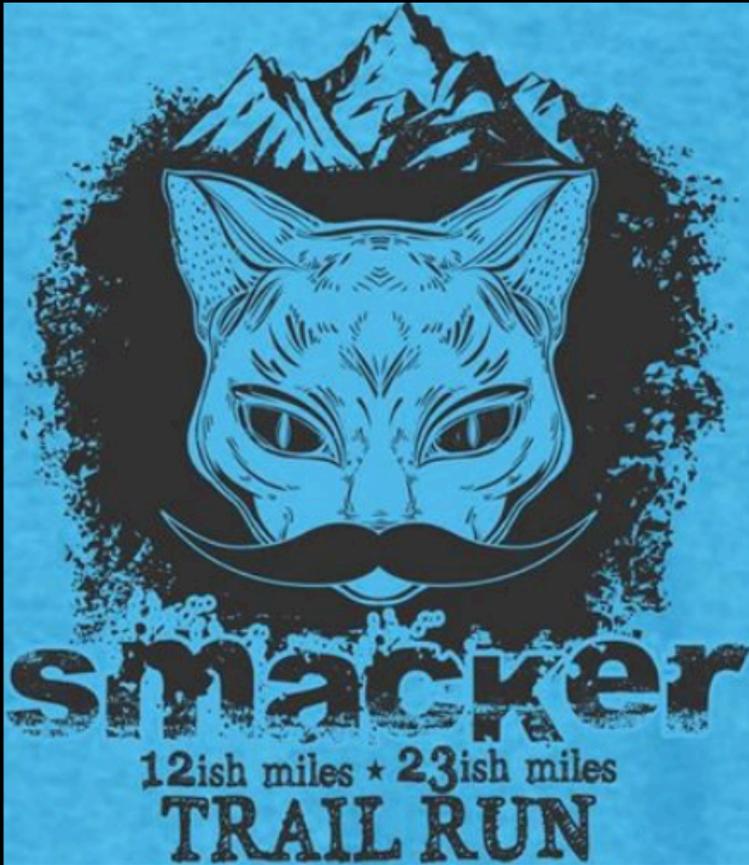


As the AURA Ultra Trail Series comes to a close I encourage you to register for the 2018-2019 series. Also, take the time to encourage other friends or budding trail runners to become an AURA member and a UTS runner. Nothing official to post as of yet, but there will likely be some changes to the list of races. Feel free to voice your opinion while the list is being discussed. Feel free to email me or any of the AURA Club officers.

Thanks to Ashley O'Neill for sharing her experience at Three Days of Syllamo. Congratulations to all who participated and especially to those who completed the stage.

As always I thank you for participating in AURA events and sharing your race stories whether they are part of our series or not. It is always nice to see where our members are running and racing. Keep the stories and pictures coming.

Contact Me at
mverrunnergirl@gmail.com



CAT SMACKER SHIRTS

REGISTER BY MAY 1ST
TO ENSURE YOU GET
ONE OF THESE COOL
T-SHIRTS



RETREADS

(Retired Runners Eating Out)

We meet the first Wednesday of every month at Franke's Cafeteria on Rodney Parham Blvd. The food lineup begins sharply at 11:30 a.m. Come early to the lobby and celebrate your latest adventure. Everyone welcome, retired or not. If you are late look for the table with the old runners in their t-shirts from the past, medallions, trophies, etc.

Questions? Call Lou or Charlie Ellis Peyton
680-0309