

ARKANSAS ULTRA RUNNER

January 1999

THE NEWSLETTER FOR MEMBERS OF THE ARKANSAS ULTRA RUNNING ASSOCIATION

MESSAGE FROM THE BIGSHOT-The January issue of the AURA marks the end of the 10th year of the Arkansas Ultra Running Association. Next month we begin our 11th. enclosed in this issue you will find an application. Don't delay! The Bigshot said that he is going to scuffle the numbers this year and award them on a first come first served basis. (I know you want that special low number he has saved back for you.)

The January 2nd Athens Big Fork Trail Marathon appears to be gathering momentum. Read the information sheet carefully. Don't come to the Albert Pike Rec. Area for the start/finish. The start finish will be at the Big Fork Community on Hwy 8 west of Glenwood. Below is a Hwy map showing Hwy 8 at Glenwood to west toward the



The White Rock Classic 25K and 50K is upon us. February 6th-Lucky you! The start time is 9:00 a.m. so you have plenty of time to drive up. See map! No entry fee but a "Classic" shirt can be purchased at the start. Mountainous, well groomed forest roads with aid stations every 5 miles (+/-). Transportation back to the start for the 25 K's from the top of White Rock Mountain

ATTENTION ALL LOSERS!

Was 1998 too tough for you. Did you miss the cutoff's. Did you DNF or get DQ'ed. On January 1st 1999 the BigShot will led a 0.5 mile hike in order that you not fail the beginning of the new year. Consider this your personal invitation. The plan is to meet at 9:00 a.m. at Lake Sylvia parking lot and carpool to the Flatside Wilderness Area and climb Forked Mountain(maybe 15 miles driving on good FSR's). Forked Mountain is on the north west section of the Flatside Wilderness Area and can be seen from Winona Scenic Drive at the overlook of the Midnight 50K turnarouond point. It appears to be a volcanic uplift in the Flatside valley. Nothing technical but hand over hand necessary.

AURA ULTRA HOROSCOPE-GEMINI-Buttering up to your competition could earn you enhanced points in the final run. LEO-Saying the right words at the start of your next Ultra, could lead to a romantic journey. CAPRICORN-If a better offer comes your way, take it. ARIES- A dream about running could mean financial security is near.

ULTRA RACE CALENDAR

| Jan 2nd | Athens-Big Fork Trail Marathon and 17 mile fun run. |
|----------|---|
| | Charley Peyton-Information at 501 225 6609 |
| Jan 23rd | Jackson Five-0 and 50K-Dallas, Texas. |
| | John Jenkins 214 823-9122 |
| Feb 6th | Rocky Raccoon 100 Miler-Huntsville, Texas. |
| | Mickey Rollins 713 568-8115 |
| Feb 6th | WhiteRock Classic/25K and 50K-TurnerBend, Arkansas. |
| | 9:00 a.m. Hwy 23 13 miles north of Ozark at I-40 |
| Feb 13th | East Texas Ultra Runners 25 & 50K-Tyler, Texas. |
| | Debbie Peebles 903 581-1749 |
| Feb 20th | Sylamore 50K-Allison, Arkansas |
| | Teresa Laster 501 666-6621 |
| Mar 6th | Mississippi Trail 50-Laurel, Mississippi. |
| | Carl Touchstone(601)649-3471(w) |

10th edition; Number 9. The AURA-A gift for the season.

1999 ULTRA TRAIL SERIES RACE CALENDAR

Muzzleloader Gun Deer Season-Oct 17th thru 25th & Dec 19th thru Jan 3rd.

Modern Gun Dear Season-Nov 14th thru Dec 6th

- 1. JUL 25 MIDNIGHT MOUNTAIN RUN
- 2. SEP 12 <u>CRYSTAL MOUNTAIN CLIMB.</u> 18 MILES(+/-). OUT AND BACK ON FOREST SERV ICE ROADS. HILLS. START FROM THE LAKE WINONA SPILLWAY ON FSR 778.
- DEC 20th (Sunday afternoon) INDIAN ROCKHOUSE RUN. 14 MILES(+/-) OUT AND BACK ON THE OUACHITA TRAIL START ON HWY 10 AND LAKE MAUMELLE PICNIC PARK. 1:00 P.M. Start early if you dare but no points.
- 4. JAN 16 <u>NORTHSHORE LANDING RUN.</u> 18.4 MILES. OUT AND BACK ON THE OUACHITA TRAIL. START FROM PINNACLE PARK, NORTH SIDE.
- 5. FEB 6 WHITE ROCK CLASSIC 50K. OUT AND BACK ON WELL GROOMED FSR'S. SPONSORED BY THE CHILI PEPPER RUNNING CLUB. Hwy 23 at Turner Bend on the Mulberry River.
- 6. MAR 13 THE WIDOW MAKER. 16 TO 18 MILES. SOME BUSHWHACKING NECESSARY PLUS PRIMITIVE TRAIL AND SOME FSR ROADS. LARGE LOOP STARTING FROM LAKE SYLVIA PARKING LOT.
- 7. Apr 10 <u>CHENAL MOUNTAIN TRAIL RUN.</u> 9 MILES(?) OUT AND BACK ON ROUGH, ROCKY, MOUNTAINOUS POWERLINE RIGHT-OF-WAY. START AT THE WALNUT VALLEY SCHOOL PARKING LOT ON HWY 10.

| UTS#3 | Name | Time | Points | |
|-------|-------------------|---------|--------|---------|
| 1 | Craig Zediker | 1:54:49 | 63 | |
| 2 | Robert Orr | 1:54:49 | 63 | |
| 3 | Mark Oliver | 1:58:05 | 46 | |
| | John Jones | 2:06:32 | 40 | |
| 5 | Roberta Orr | 2:12:16 | 62 | |
| 6 | Kent Davidson | 2:13:16 | 34 | |
| 7 | Jim Sweatt | 2:19:00 | 28 | |
| | George Mcdonald | 2:20:44 | 22 | |
| | Angie Ransom | 2:20:44 | 51 | |
| | Greg Haskins | 3:30:00 | 18 | |
| 10.00 | Kurt Truax | 2:30:01 | 15 | |
| 12 | Caleen Laffey | 2:35:00 | 40 | |
| 13 | Nick Williams | 2:35:00 | 12 | inches |
| 14 | Jim Schuler | 2:35:30 | 9 | VAL. |
| 15 | Pete Ireland | 2:37:27 | 8 | in many |
| 16 | Jim Martin | 2:40:00 | 6 | 11184 |
| 17 | Ron Thompson | 2:43:00 | 7 | |
| 18 | Robin Booth | 2:43:00 | 31 | - 2011 |
| 19 | Mary Ann Davidson | 2:43:00 | 31 | |
| 20 | Kimberly Pavelko | 2:48:55 | 22 | |
| | Sam Hardcastle | 2:52:00 | 5 | |
| 22 | Mara(GIRL) | 2:58:00 | 16 | |
| | David Samuel | 2:59:37 | 4 | |
| 24 | Carrie Dupriest | 3:01:30 | 12 | |
| | Donna Duerr | 3:05:30 | 9 | KU LIM |
| 26 | Lou Peyton | 3:18:50 | 6 | 3) |
| | Henry Osterloh | 3:21:00 | 3 | |
| 28 | John Knapp | 3:57:00 | 2 | |
| | Donna Hardcastle | 4:00:00 | 3 | TEN |
| 30 | Ann M Moore | 4:00:00 | 3 | |

The Ultra Trail Series appears to be making somewhat of a resurgence. After several changes to the time and distance, we had our largest turnout in several years for the Indian Rock House Run on December 20. This run has gone by several names in years past and now appears to be gone forever now. More about that later. Since the run starts on Hwy 10 at Maumelle Picnic area and follows the Ouachita Trail 10 Miles to Hwy 9, we starting off calling it the 10-9-10 Run. Later it was termed the Loggerhead because it can be very wet, watery, cold and deep. When a timber company clear cut(scalped is a better term) the last three miles of the trail just before reaching Hwy 9, I renamed the run the Indian Rock Run. Instead of using the clear cut trail, we exited onto a forest road out to Hwy 9 with the turnaround point being in a ancient rock overhang that is barely visible from Hwy 9. For our Sunday afternoon start we had about 35 cager runners. My plan was to start the race and go around to the 7 mile point and have aid for the runners. The distance was shaved from 20 miles to 14 because of the afternoon start and shorten daylight hours. All went according to plans until I turned off Hwy 9 for the three miles drive to the Ouachita Trail crossing. About a half mile off the highway, a gate stretched across the road, LOCKED.

Nothing to do but carry the water to the trail head, 2.5 miles. I looked at my watch and saw that I had about 45 to 50 minutes to get there before I would meet the first runner. So with four gallons of water and a bag of cups off I hoofed it. When I got to the trail head the first runners was just getting ready to cross. I didn't let on that I had almost screwed up and didn't tell but a few people about the problem. The race came off with the usual dog bites, briar scratches and getting lost and found. But, we probably can't have an organized run here because it is not accessible. Unless of course we advertise it as an adventure run without aid or safety support. Folks would have to drink out of ATV ruts and sleep in hollow logs if they got lost. I bet there is somebody out there who will ask me when are we going to have that run! The

CRYSTAL MOUN TAIN CLIMB/UTS #2

9-12-98/Ouachita National forest

| | Name | Times | Points | |
|---|------------------------|--|--|--|
| 1 | Mike DuPriest | 2:44:02 | 54 | |
| | Kimberly Pavelko | 2:54:05 | 55 | |
| | Donna Duerr | 3:17:52 | 44 | |
| | Henry Osterloh | 3:17:52 | 43 | |
| | Roberta Orr | 3:09:55 | 33 | |
| - 6 | Kevin Wells | 3.09:55 | 32 | |
| | Jim Sweatt | 3:17:00 | The second secon | 120 AD 1 |
| 8 | Dianne Sweatt | 3:18 | Account the City of the Company of t | |
| | Lou Peyton | 3,41.00 | | CHARLES V |
| Air Morrisop Statis Soura Rhosville 19 Luptin (19) | Lake Dardanelle (1932) | Russeliville Pottwille 6 13 | Hattian 71.7 Bischwell (95) Cheercan (10) | Towns And the second |
| | | Russellylle Pottwelle Pottwelle Adden Adden | Hattier (95) Bigchwell (95) Chercus (10) Kerwood (10) Allfaut (10) Collaculo (10) | Owite Wooth Wooth Constitution 2017 |
| y 23 North at Ozark 12 mi | iles to | Russellylle Pottwile 13 Jakin Pottwile 13 Jakin Wilse Added 15 Jakin Jak | Hattishman (95) Blackwell (95) Cherrup (11) Kenwood (96) Auffelu (12) Auffelu (12 | Plumery 15 Menifee (2) Orritton 2(III) (RKANSAS TONA SUCCE 151 |
| y 23 North at Ozark 12 mi ner Bend Campground at | iles to the | Russellylle Pottwille 13 Pottwille 13 Addison The Company of | Hattleton Glychwell (B) Cherrup (B) Kerwood (B) Aufflur (B) Of Month (B) Solution (B) Solution (B) | |
| iteRock Classic-I-40 to Ozy 23 North at Ozark 12 mirner Bend Campground at Iberry River. Just before ch Cass. | iles to the | Russellylie Pottsville Pottsville Pottsville Russellylie Pottsville Pottsville Russellylie Pottsville Russellylie Pottsville Russellylie R | Hattian 7.7 Bischwell (95) Greenrus Greenrus Martinia Onwood 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 | |

ARKANSAS ULTRA RUNNING ASSOCIATION MEMBERSHIP APPLICTION

| NAME_ ADDRESS | ng and Acouston policies in the police Service of the State of the State of the State of State of the State of the State of the | na selet ældigati fans el erad mer keslenges medien van systemba |
|--|---|--|
| Send \$10.00 to: | or produces at each sed Plant seg (with it. add increases word or using ow see seeth | YOUR NAME |
| Charles Peyton 41 White Oak Lane Little Rock, Arkansas | 72227 | YOUR SECRET ULTRA NUMBER |
| | The Arkansas Ulfra Running Associa | tion |
| 7 | NAME | |
| HIS CARD: | - A.U.R.A. # | |
| A HAPPY, FULFILLED RUNNING MAN | NOT TO BE DUPLICTED | THE UNCARDED RUNNER SAD AND GLOOMY |
| | | |
| | | |
| | | |
| | | |
| | | |
| | AURA memberships ma | ake good stocking stuffers. |

ATHENS - BIG FORK TRAIL MARATHON

(and 17-Mile Fun Run)

*** 8 AM, Saturday, January 2, 1999 ***
Big Fork, Arkansas

A 26.2-mile extreme adventure up and over 16 mountains on the historic Athens-Big Fork trail built some 125 years ago by the U. S. Postal Service to carry mail through the Ouachita Mountains from the community of Athens to the community of Big Fork. This trail was restored about ten years ago by the U. S. Forest Service with the assistance of the Ozark Society, Bayou Chapter and the Student Conservation Association. Almost all of the trail is in the exact location as constructed by the Postal Service for horseback mail carriers, not for hikers or runners. Rather than running east to west along creek beds like other trails on the Ouachita National Forest, this trail run north to south across the mountains. Trail features include spectacular views of the Ouachitas from such high points as Spirit Rock Vista, Brushheap Mountain and Eagle Rock Vista (see map for locations). The trail is well marked with white rectangles.

The start of the Athens-Big Fork Trail Marathon will begin at the Big Fork Community Center on State Highway 8 on the east side of Big Fork, Arkansas. The course will be along the south shoulder of SH8 for 0.8 mile turning right on Road 38, a Forest Service well-groomed gravel road, for 1.6 miles to B15, a primitive access logging road, for 0.2 miles to the trailhead. The Athens-Big Fork Trail begins there at 2.6 miles from the Community Center.

The first mountain is Missouri Mountain (#1) and it is one mile from the trailhead on B15 to the trailhead on Road 25.. This trailhead (3.6 miles) is the access point to the Eagle Rock Loop Trail with the Little Missouri Trail downstream to Little Missouri Falls. However, you will continue straight ahead on the Athens-Big Fork Trail up the next mountain (#2) through the gap at Hurricane Knob (4.2 miles).

Down again and then up mountain #3, McKinley Mountain, down again to Road 512 crossing (5.7 miles). From Road 512 going gets real tough with two more mountains, #4 - Brier Creek Mountain and #5 - Leader Mountain. It is 2.8 miles on this stretch bringing you across Blaylock Creek (probably kneedeep) to the trailhead on Road 106 at 8.5 miles. This is the turnaround for the 17-mile Fun Run.

Now for the Mountain Marathoners, continue across Road 106 and up to the tropical forest on Brush-heap Mountain (#6) at over 2,000' in elevation, topping out at 9.6 miles. Down again to East Saline Creek and up again to Mountain #7, Brushy Mountain and Eagle Rock Vista (11.0 miles). Down again, across Viles Branch and up Mountain #8, Big Tom Mountain, down to Road B23F Trailhead (12.7 miles). Take a right on this gravel road for 0.4 mile to the 1/2-Marathon turnaround and water station.

Now for the return trip...Big Tom, Brushy, Brushheap, Leader, Brier Creek, McKinley, Hurricane Knob and finally Missouri Mountain. 16 mountains crossed and a "sunset" finish in Big Fork, Arkansas!!!

No entry fee, no t-shirts, no awards. Water available at start, 3.6 miles, 8.5 miles, 13.1 miles, 17.7 miles, 22.6 miles and finish. Water bottle a must, noon snack good idea, and if planning on walking the uphills, a flashlight may be needed for the return trip over Missouri Mountain.

^{***} Arkansas' Ultimate Challenge --- Toughest Marathon West of the Rocky Mountains ***