

# ARKANSAS ULTRA RUNNING ASSOCIATION

February 1994

*A Newsletter for the Arkansas Ultra Running Association*

MESSAGE FROM THE BIGSHOT-Looking over the February Race Calendar, I feel like a kid turned loose in a candy store. Every weekend is ultra packed. "Hey BigShot, would you be offended if we ran a grid on you at the Rocky Raccoon 100. Maybe even place a wager?" Relax Boys, this one is going to be a cake walk. Its in the bag! Don't lose any Mexican dinners. In fact, I've made reservations at Grandpa's Catfish House to celebrate my fine performance. Lou has reserved a room for 6:00 P.M. on February 19th. If you come early I'll let you feel my buckle. The COON.... is mine!

Since the close of deer season, several of us have been burning up the Ouachita Trail between Hwy 10 and Hwy 9(10 miles) This is a winter trail, wild and wooley. Trust me when I tell that you don't want to go in there in the summer or after a heavy rain. After January and before May, its my favorite because of the diversity in obstacles and terrain. The terrain varies from the flat lowlands to the foot hills of the Ouachita mountains. The obstacles include unexpected turnoffs, briars, canebrakes, rocks, barbed wire and now....Clear cuts. You can imagine my disappointment when I heard that a section of the trail had been recently clear cut. If you don't know what a clear cut is just think about what an atomic blast would look like on a forested hillside. The section that was cut is about two miles from Hwy 9 on the east side of Round Mountain. This section of the trail is not in the National Forest. Even so, I would have thought that if there was logging to be done near a trail of this stature, there would at least be a buffer zone set aside. If nothing else to respect the many hours of work that has gone into developing and maintaining the trail. The damage has been done. I guess a lesson to be learned from this is to not take your trail running for granted. I went out with my camera the next week and took a lot of pictures of the trail and of the clear cuts. I call it "trail ruining".

JUNE 4TH NATIONAL TRAILS DAY. BRUSHHEAP MOUNTAIN 17.2 MILE TRAIL RUN. 8:00 A.M. FROM THE ALBERT PIKE RECREATION AREA SIX MILES NORTH OF LANGLEY. OPTIONS INCLUDE 10 MILES, 5 MILES AND A 1.0 MILE HIKE. NO ENTRY FEE; NO AWARDS. CONTACT DAVID SAMUEL AT (501)356-4186(W) OR 767-1591(H)

\*\*\*\*\*  
Reminder---Grandpa's Catfish House 6:00 P.M. to celebrate all those who had birthdays in February and to debrief UTS# 5, the Great Wall of China. 1218 Mission Road, North Little Rock. Call the Bigshot if you need further directions.  
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Warm Regards,

B.S.

# February 1994

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|    |    |                                                                                                                                                                                                                         |    |    |    |                                                                        |
|----|----|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|----|----|------------------------------------------------------------------------|
|    |    | 1<br>RENEW AURA<br>MEMBERSHIP                                                                                                                                                                                           | 2  | 3  | 4  | 5<br>ROCKY RACCOON 100 MILER                                           |
| 6  | 7  | 8                                                                                                                                                                                                                       | 9  | 10 | 11 | 12<br>WHITE ROCK CLASSIC<br>25 AND 50 K                                |
| 13 | 14 | 15                                                                                                                                                                                                                      | 16 | 17 | 18 | 19<br>UTS#5 GREAT WALL OF CHINA<br>GRANDPA'S CATFISH HOUSE<br>6:00 P.M |
| 20 | 21 | 22                                                                                                                                                                                                                      | 23 | 24 | 25 | 26<br>SYLAMORE 50 K                                                    |
| 27 | 28 | DIRECTIONS TO THE UTS #5-THE GREAT WALL OF CHINA<br>FOLLOW HWY 10 PAST LAKE MAUMELL TO HWY 113.<br>CONTINUE ON HWY 10 1.5 MILES TO BRINGLE CREEK RD.<br>TURN RIGHT AND GO ONE MILE. PARK AT THE TRANSFORMER<br>STATION. |    |    |    |                                                                        |

The AURA membership drive is entering into its final month. As stated in last month's issue the official position of the AURA is that if you run, join and support your local running club. If you like to do Ultra runs, subscribe to *UltraRunning magazine*. If you like to read about ultra running subscribe to Suzi Thibealt's *Suzi T's Trail 100 Newsletter*. Then.....if you want to hear about local ultra running, join the AURA where never a disparaging word is uttered. 90% of the stuff I just make up! Nothing too serious to take away from a long run. Me and you, Baby!

**The AURA Membership Survey.** If your answer "Yes" to three of the following illustration, you qualify for membership.

You need to be an AURA member if.....

1. You don't get a lot of mail.
2. Need a role model.
3. You are thrilled to see your name in print.
4. You are easily confused by points and ultra numbers.
5. You want to make friends in high places.
6. Eat out Sunday dinner up at the Exxon station.
7. Have \$10.00 to spare.
8. Like to curl up on a Saturday night and listen to your Slim Whitman albums.
9. Impressed by seeing your name on an address label.
10. You still tell your friends at work that you jog.

If you identify with three(3) of the statements continue to the next application phase.

## PHASE II

Yes, I want to be an AURA member with my own Ultra Number and membership card.....

- a. The check is in the mail.
- b. Don't hold your breath.
- c. Let me check with my wife.
- d. I'm not that bad off yet.
- e. BigShot, you're the greatest.
- f. Don't cash until\_\_\_\_\_.
- g. I'm out of checks!
- h. Help! I don't have a life.

Make checks payable to: Charles E. Peyton, Jr. \$10.00  
41 white Oak Lane  
Little Rock, Ar 72207

## ULTRA CORNER

As promised, I am listing the official times of the Arkies and AURA members who participated in the 1993 Sunmart Texas Trail 50 mile and 50 K. Speaking of which the AURA Power Room received a telephone call from the Sunmart race directors, Norm and Helen

Klein. They stated that the Sunmart in 1994 will be even bigger and better with improvements going to the aid stations and to the prerace activities. Norman said that the prerace meal cost them \$19.00 plus per runner. The course will remain the same and the Sheraton Crown will again be the race HQ. As for Miss Helen, she has retired from racing and in April will concentrate on climbing the highest point in the 50 states. She will try to set the record which is held by ultra runner, Adrian Crain, 101 days.

#### 50 miler

|                     |          |
|---------------------|----------|
| Joe Fennel(15)      | 7:09:59  |
| Bill Torrey(20)     | 7:17:55  |
| David Cawein(58)    | 8:16:49  |
| Jim Sweatt(76)      | 8:38:47  |
| Dale Powell(94)     | 8:58:04  |
| Tim Biggs(128)      | 9:45:02  |
| Lou Peyton(129)     | 9:46:07  |
| Kim Pavelko(142)    | 10:06:04 |
| Irene Johnson(148)  | 10:21:30 |
| Charles Peyton(152) | 10:25:55 |
| Dianne Bell(170)    | 10:54:46 |
| Ann M. Moore(172)   | 11:12:50 |
| Steve Eubanks(177)  | 11:35:00 |
| Tony Johnson(182)   | 11:47:10 |

#### 50 kilimeter

|                        |         |
|------------------------|---------|
| Linda Sledge(66)       | 4:59:57 |
| Pat Riley(88)          | 5:13:38 |
| Pete Johnson(115)      | 5:39:50 |
| Jackie Edmonds(116)    | 5:39:50 |
| Les Hall(162)          | 6:30:37 |
| Hiram Byrd(163)        | 6:30:38 |
| Bob Horner(170)        | 6:38:04 |
| Mary Clendaniel(174)   | 6:47:09 |
| Chuck Desjardin(184)   | 7:13:00 |
| Karen Teague(190)      | 7:47:50 |
| Bev Nolan-Cannata(194) | 7:51:21 |

### ULTRA TRAIL SERIES

UTS #5-*The 10-9er-10*. 20 miles on the Ouachita Trail from Hwy 10 to Hwy 9. Temperatures in the low 20's make for perfect trail condition on the 10-9-10. If you read the **Message From The Bigshot**, you know that this section of the OT Trail is my favorite. It's so bad it's good! At the start the trail leaders, John Gross and Frank Rivers, missed a turn off about a mile into the run and found themselves in last place. At the turnaround, Dave Cawein was the first runner to touch Hwy 9. With five miles to go Dave was caught by Gross and Rivers. With about a mile remaining Gross again missed a turn and opened the door to the eventual winner of the '94 *10-9er-10*, Dr. Feelgood! You can always expect the unexpected on the course. The first two years we ran it, barbed wire snagged a few participants and there are always the people getting lost, falling etc. This year another unexpected thing happened along the trail. It seems the Bigshot drove in on the only road that crosses the trail and set out flour markings to direct the runners on a particularly tricky area. Would you believe that a road grader was busy at work on the flour when the runners came by. That's not all, when the last runner came to the intersection and started off in the wrong direction, the operator of the grader stopped working and pointed the runner onto the right path. Maybe non-runners are not so bad after all.

10-9er-10 Results(1-8-94)

|                   |         |                    |         |
|-------------------|---------|--------------------|---------|
| 1. DR. FEELGOOD   | 3:15:57 | 14. JAMES HICKS    | 4:33:59 |
| 2. DENNIS BAEYENS | 3:16:13 | 15. ROGER RAINS    | 4:36:00 |
| 3. JOHN GROSS     | 3:21:30 | 16. JOHN BAILEY    | 4:37:00 |
| 4. MIKE HEALD     | 3:21:41 | 17. DAVE MARFAS    | 4:39:00 |
| 5. DAVID CAWEIN   | 3:27:15 | 18. DALE MORRIS    | 4:58:20 |
| 6. FRANK RIVERS   | 3:29:39 | 19. ERNIE PETERS   | 4:58:23 |
| 7. JOHN HUMMEL    | 3:33:52 | 20. STEVE EUBANKS  | 5:10:50 |
| 8. JIM SWEATT     | 3:38:23 | 21. DIANNE BELL    | 5:10:50 |
| 9. PAUL LOWREY    | 3:38:27 | 22. RICK MARTINEK  | 5:13:09 |
| 10. KEN MILLAR    | 3:45:19 | 23. JEAN COCKCROFT | 5:13:09 |
| 11. NICK WILLIAMS | 4:00:46 | 24. CHARLEY PEYTON | 5:25:12 |
| 12. JIM SCHULER   | 4:07:10 | 25. ANN M. MOORE   | 6:00:00 |
| 13. LOU PEYTON    | 4:26:36 |                    |         |

1994 ULTRA TRAIL SERIES POINT TOTAL[FIRST FOUR RACES]\*\*\*

| OPEN           | POINTS | MASTERS         | POINTS |
|----------------|--------|-----------------|--------|
| JOHN GROSS     | 150    | DR. FEELGOOD    | 180    |
| DAVID ALLEN    | 90     | KEN MILLAR      | 85     |
| JOHN HUMMEL    | 70     | DAVE CAWEIN     | 80     |
| RICK UTLEY     | 60     | MULE MARTIN     | 80     |
| JIM SWEATT     | 48     | FRANK RIVERS    | 75     |
| BILL TORREY    | 40     | LARRY MABRY     | 40     |
| RICK MASSEY    | 40     | JACK EVANS      | 40     |
| MIKE HEALD     | 40     | DENNIS BAEYENS  | 40     |
| SHANKSMARE     | 30     | JOHN PRAGLE     | 30     |
| MATT OHL       | 27     | JAMES ODELL     | 25     |
| MARK OLIVER    | 26     | JAMES HICKS     | 22     |
| PAUL SOBUS     | 25     | DENNIS FUGATE   | 20     |
| FRANK SCHULTE  | 22     | STEVE EUBANKS   | 19     |
| PAUL LAUREY    | 20     | ERNIE PETERS    | 17     |
| JOHN JONES     | 20     | GEO MCDONALD    | 15     |
| TOM ZALOUDEK   | 16     | JOHN RENICK     | 10     |
| JIM SCHULER    | 15     | RANDY DAVIDSON  | 10     |
| TERRY BASKIN   | 11     | LLOYD MOORE     | 8      |
| ROGER RAINS    | 10     | JERRY DOTY      | 5      |
| DON FLETCHER   | 10     | GARY SPEAS      | 5      |
| TERRY MORRISON | 7      | RICK MARTINEC   | 5      |
| JOHN BBAILEY   | 7      | STAN VENABLE    | 5      |
| BARNEYCLARK    | 6      | DAN WILLIAMS    | 3      |
| DAVES MARFAS   | 6      | NICK AVERY      | 3      |
| TOM LAUREY     | 3      | TONY JOHNSON    | 2      |
| LIMON HAUSER   | 1      | RON THOMPSON    | 2      |
| TIM BIGGS      | 1      | CHUCK DESJARDIN | 1      |
| DAVE MAXWELL   | 1      | DAVID SMITH     | 1      |
| DAVID KENNEDY  | 1      |                 |        |

OPEN FEMALE

|             |     |
|-------------|-----|
| DIANNE BELL | 170 |
| KIM PAVELKO | 90  |

MASTER FEMALE

|                   |     |
|-------------------|-----|
| LOU PEYTON        | 170 |
| GAYLE B. BRADFORD | 95  |

# ULTRA TRAIL SERIE CONTINUED.....

|                  |    |                     |    |
|------------------|----|---------------------|----|
| NANCY CUNNINGHAM | 50 | JEAN COCKCROFT      | 65 |
| IRENE JOHNSON    | 50 | SANDI VENABLE       | 60 |
| WANDA LOFTUS     | 50 | KARIN CALL          | 50 |
| LESA ALLEN       | 40 | PAULETTE BROCKINTON | 50 |
| MARA CAWEIN      | 30 | CINDY TRUAX         | 30 |
| JOAN YOUNG       | 30 | IVY FRANKLIN        | 30 |
| LAURA HALPIN     | 15 | BETTINA BROWNTON    | 25 |
| TALLEY WARD      | 7  | LESA MCLEAD         | 25 |

## SENIOR FEMALE

ANN M. MOORE 90  
LOU WINTHROATH 50

KAREN TEAGUE 16  
CATHY HOLLAND 15  
DEBBIE DESJARDIN 15  
CORKIE BINZ 11  
LINDA STRIBLING 7  
ROBIN BOOTH 3  
MARY CLENDANIEL 1

## SENIORS MEN

NICK WILLAIMS 175  
PETE IRELAND 110  
CHARLEY PEYTON 110  
DALE MORRIS 90  
BOB MCKINNY 30

DAVID SAMUEL 30  
DALE WINTHROATH 25  
FRED SCHMIDT 25  
BOB HORNER 15  
BOB CANNATA 10

\*\*\*Age groups are determined by your birthday(age) at the start of the First Series race, THE CONO ROAD-8/28/93. In the event that age group participants are contending for the Open Division Title you will be advised. As it now stands, King of the Trail Gross would lead Dr. Feelgood 150 pts to 105 and Dianne Bell leads Lou Peyton 170 pts to 130.

## ULTRA CALENDAR

FEBRUARY 5TH ROCKY RACCOON 100 MILER

FEBRUARY 12TH WHITE ROCK CLASSIC 50K AND 25 K. START AND FINISH FROM TURNER'S BEND CAMPGROUND ON THE BEAUTIFUL MULBERRY RIVER. TAKE HWY 23 FROM I-40. NO ENTRY FEE. WELL GROOMED DIRT ROAD--VERY HILLY. POST RACE COOKOUT. CONTACT JOE FENNEL @501/521-0337 9:00 AM START.

FEBRUARY 19TH UTS #5- THE GREAT WALL OF CHINA-20 MILES.

FEBRUARY 26TH SYLAMORE 50K. ALLISON, ARKANSAS NORTH OF MOUNTAIN VIEW AT THE JUNCTION OF HWY 5,9 AND 14. T-SHIRTS TO ENTRANTS REGISTERED BEFORE 2-11-94. 7:00 AM START. OUT AND BACK COURSE ON THE SCENIC SYLAMORE TRAIL. CONTACT BILL LASTER, 2300 REBSAMEN PARK ROAD #2E208, LITTLE ROCK, ARKANSAS,72202.

MARCH 19TH UTS # THE SPRING CLASSIC AND AURA CAMPOUT!

ULTRA RACE CALENDAR CONTINUED.....

|       |      |                                                                                                                                                                                                                                                                                                                                           |
|-------|------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| MARCH | 19TH | CROSS TIMBERS 50 MILE AND 30 K                                                                                                                                                                                                                                                                                                            |
| MARCH | 26TH | MISSISSIPPI 50 MILE. SEE BIGSHOT FOR APPLICATIONS.                                                                                                                                                                                                                                                                                        |
| APRIL | 30TH | CAP CHARITY RUN, 24 HR. BACO RATON, FLORIDA.<br>QUARTER-MILE. ASPHALTIZED CONCRETE OUTDOOR TRACK<br>AT FLORIDA ATLANTIC UNIVERSITY. LAP COUNTERS,<br>FOOD, DRINKS, ICE AND A NICE JACKET PROVIDED.<br>HOUSING IF DESIRED. PRE-ENTER BY APRIL 25TH<br>CONTACT STEVE BRIDGES, 199 N.W. 9TH STREET, BOCA<br>RATON, FL. 33432. (407) 367-3794 |

OUACHITA TRAIL OVER  
LOOKING THE MAUMELLE  
RIVER. NICK, STEVE  
AND LOU.



THE ROUND MOUNTAIN  
CLEAR-CUT